



**In Immediate Danger, Call 9-1-1**

Many provide 24/7 Assistance

100% Confidential

## Eating Disorders

National Eating Disorder Association (NEDA) (800) 931-2237

<https://www.nationaleatingdisorders.org/>

Eating Disorders Center (888) 236-1188

Nat'l Association of (847) 831-3438

Anorexia Nervosa &  
Associated Disorders

Overcome Outreach Inc (800) 310-3001

Remuda Ranch (800) 445-1900