



In Immediate Danger, Call 9-1-1

Many provide 24/7 Assistance

100% Confidential

Crisis/Counselors (all ages)

American Hotline	Text "CONNECT" to 741741	
Christian Oriented Hotline	(877) 949-4357	877-949-HELP
Crisis Text Line	Text "TWLOHA" to 741741	
GriefShare	(800) 395-5755	https://www.griefshare.org/
Teal Green Heart Initiative @ JHRC	Rape Crisis Center & Research	http://www.jhrc.org/
United Way Crisis Helpline	(800) 233-4357	Call 211 https://www.211unitedway.org/
Youth Crisis Hotline	(800) 448-4663	